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Explanatory Note Concerning APC General Monograph Potentised Preparations

The general monograph 8 "Potentised Preparations" describes the general procedure for potentising in the production of anthroposophic medicinal products. Depending on the company it is possible that different movements are fulfilled for the rhythmic succussion as for example a vertical whirl or a movement as a horizontal lemniscate. It is also possible that the companies differentiate the time of succussion depending on the origin of the starting material. For example one company potentises 2.5 minutes for starting materials of botanic and animal origin. For the minerals, inorganic substances and ashes they potentised 4 minutes. For a mixture of both the potentising time is also 4 minutes. In any case the minimal requirements according to GHP H. 5.4.1 are observed.

For the APC Committee

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